

TIPS FOR SUCCESS: BIOL2100

Recommendations from P2L Peer Coaches:

- **Use visual strategies** for reading the textbook and taking notes
 - Colored pens, highlighters
 - Venn Diagrams, concept maps
- **Read the assigned textbook** chapter/section prior to class
 - Don't try to memorize. Focus on understanding the concepts.
 - Look for main ideas and key terms
 - Develop questions about the reading before the lecture
- **Be present in lecture**
 - Don't focus too hard on taking notes during class. Pay attention to understanding the content then write detailed notes later using the lecture recording and slides.
- **Study with friends!**
 - Talk through the **learning objectives** with a friend
- **Teach the content** to others.
 - If you don't have anyone to teach, try to write or speak the concepts out loud as if you are teaching them.
- Try to **connect topics** across units and even within units to develop a deeper understanding